****American Benedictine Formation Conference presents:

***Benedictine Spirituality Workshop & Retreat***

*for women preparing for perpetual*

*monastic profession*

 ***Prefer Nothing Whatever to Christ: Good Zeal on the Journey***

***Participants***

 *This program is intended for Benedictine monastics in temporary commitment/first profession who are discerning the possibility of making perpetual monastic profession. It consists of a workshop featuring monastic topics/values and a four-day directed retreat.*

# Monastic Topics/Values

* *Benedictine charism*
* *Monastic profession including obedience, stability and fidelity to the monastic way of life*
* *Monastic prayer including contemplation and solitude*
* *Discernment*
* *Cenobitic community, relationships*
* *Celibacy, sexuality and personal wholeness*
* *Benedictine ministry: reverence, stewardship and hospitality*
* *Peace and justice*
* *Humility*

***Process***

 *The monastic rhythm of this program blends presentations, personal reflection, sharing one's lived experience, some manual labor and leisure. Various rituals and integration experiences enhance the program. Breaks offer options for participants to experience the local area and to build relationships with each other.*

***Liturgy***

 *Morning, evening and mid-day prayer will be celebrated daily either with the monastic community or with BSWR participants. There is daily Eucharist at the monastery. Participants will be invited to serve in ministerial roles at liturgies.*

***Location***

 *Monastery of St. Gertrude is located three miles from Cottonwood, Idaho, off of State Route 95. The closest airport is Lewiston, Idaho. Please contact us for more specific driving directions.*

***Schedule***

 *BSWR will begin with Evening Prayer at 5 pm on Monday, July 9, 2018. It will conclude with the evening banquet and closing activities on Wednesday, July 25, 2018. Departure can be scheduled anytime on July 26.*

***Cost***

 *$1800 for each participant*

***Make payment to Monastery of St. Gertrude at registration or on arrival.***

***Registration***

 *Deadline:* ***March 1, 2018***

*Send to:* Sister Teresa Jackson *(address is given on the registration form below)*

 *Email:* membership@stgertrudes.org

#####  Phone: (208) 962-3224

***Staff***

***Director: Sister Teresa Jackson*** *is a member of the Monastery of St. Gertrude in Cottonwood, Idaho. She made first profession in 2000. She has a bachelor's degree in history from UCLA, a J.D. from Golden Gate University, an M.A. in spirituality from Santa Clara University and a certificate in monastic studies from St. John's. She has worked with the retreat ministry, membership (vocation, volunteers, oblates) and teaches formation classes and Benedictine spirituality programs.*

*Co-Director: To be announced.*

***Other Staff:*** *All the sisters of the Monastery of St. Gertrude and the staff of the Spirit Center will serve as hostesses and will pray for BSWR participants. Some members of the monastery will offer presentations and assist in other ways.*